

Make-Up

Cleanse and Make-Up	£25
Following Facial	£15
Make-Up Lesson – 75 mins	£30
Discount for retail purchase	
Bridal Make-Up – including trial	£55
Wedding Party	please enquire
Permanent Make-Up – lasts 3-5 years	
Eye-liner – top or bottom	£225
Brows or Lips	£350
Body Art – lasts 3-5 years	from £60
Refundable consultation	£20

MD Formulations

skin peels and moisture treatments

Alpha Beta Peel	£45
Glycolic Peel	£40
Treatment Facial	£40

Pamper Days

choose your treatments – we will discount and add refreshments – or choose from –

Relaxation Package – total value £125

Thermal Body and Facial Foliation	£100
Relaxation Massage	
Jessica Manicure and Pedicure	
I.d. Bare Escentuals Day Make-Up	
Light Lunch	

Detox Package – total value £125

Spa Find Body Wrap	£100
Jessica Manicure and Pedicure	
I.d. Bare Escentuals Day Make-Up	
Light Lunch	

Slimming

body wrap and detox – reduce inches and cellulite

Spa Find Inchloss Body Wrap	£50
weekly course of 3	£135
Slimtone	£20
twice weekly course of 8	£145
Lymph Drain	£30
weekly course of 4	£110
G5 breaks down hard fat	£20
twice weekly course of 6	£110

Spray Tan

exfoliate during the week prior but not on day of spray.
No moisturiser or deodorant. Loose clothing. Sandals.

Caribbean Body and Facial	
Fair, Medium or Dark	£25
Top Up – 48 hours later	£15
Legs only	£15

St. Tropez

manual exfoliation and tanning application

Body and Facial	£35
Legs only	£20

Vouchers

Valid for 6 months – no cash refund

Waxing

quick and hygienic hair removal

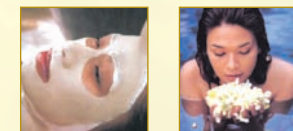
1/2 Leg	£13
3/4 Leg	£16
Full Leg	£19
1/2 Leg and Bikini	£18
3/4 Leg and Bikini	£21
Full Leg and Bikini	£24
1/2 Leg, Bikini and Underarm	£25
3/4 Leg, Bikini and Underarm	£28
Full Leg, Bikini and Underarm	£31
Bikini	from £10
Hollywood	£20
Brazilian	£25
Brazilian Plus	£30
Underarm	£10
Brow, Lip or Chin	£6.75
Lip and Chin	£10
Brow, Lip and Chin	£16
Forearm	£10
Full Arm	£12
Chest or Back	£16

Courses – 10% off – payable in advance
Client Loyalty Card – treatments over £20
24 hour cancellation policy – otherwise 50% charge



**Sanctuary
at
Southwold**

*Health
&
Beauty*



PRICE • LIST

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Aromatherapy Body Treatments

relax, soothe, repair, using therapeutic oils

Full Body Massage	£38
Relaxation Back Massage	£21
Remedial Back Massage	£26

Balinese Treatments

combination of natural scrubs and heavenly massage

Body Scrub – choose from selection	£25
Balinese Massage	£55
Javanese Lulur – scrub and massage	£80
Balinese Boreh – scrub and massage	£80

CACI non-surgical face lift

Ultimate	£90
<i>microdermabrasion, LED light therapy, high frequency, microcurrent</i>	
Ultra	£80
<i>microcurrent, ultrasound, high frequency, diode photo stimulation</i>	
Non-surgical Facelift	£45
<i>microcurrent</i>	
Microdermabrasion	£45
<i>orbital microdermabrasion, LED light therapy</i>	
Futur Tec	£45
<i>ultrasound, microlase, vaculase</i>	
Quantum Body.....	from £20
<i>slimming, toning, lymph drain, contour</i>	
Quantum non-surgical facelift	£45
<i>micromode</i>	
Hydratone.....	£15

Complementary Therapies

Ayurveda Shirodhara	£60
Hopi Ear Candling	
including pressure point massage	
Indian Head	£25
La Stone Massage	£60
Reiki	£25
Reflexology	£25

Cosmetic Injectable Procedures

Botox, dermal fillers, sculptra, juvaderm	from £150
<i>Consultation free of charge with Aesthetic Nurse</i>	

Dermalogica Facials

award winning skincare

Prescription Facials	from £38
Express	£28
Luxury – including back	from £48
MicroZone	£15

Dermalogica Thermal Body Therapy

Thermal touch for back purification	£30
Mineral salt scrub therapy – 45 mins	£30
Body foliation therapy – 45 mins	£30
Power recovery therapy – 60 mins	£40
Nourishing sea mud therapy – 60 mins	£40
Body hydro therapy – 60 mins	£40
Deep thermal therapy with thermal stamp – 90 mins	£60

Ear Piercing

piercing is free of charge

Earrings – including after-care solution	from £8
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Electrolysis

medically approved treatment

10 min	£10
15 min	£15
30 min	£25
Mole/Wart Removal	from £50
Red/Thread Veins – start at 15 mins	£30
Skin Tags – start at 15 mins	£35
Refundable consultation	£10

Eye Treatments

Brow Tidy – wax/tweeze	£6.75
Brow Tint and Tidy	£10
Lash Tint – 1st time tint test 24 hours prior	£12
Lash and Brow Tint & Tidy	£22
Lash Perm and Tint	£37
Rejuvenating Eye Treatment	£28

Fingers & Toes

Jessica Manicure – treatment	£18
Jessica Manicure – with polish	£20
Jessica Manicure – french	£22
Jessica Manicure – luxury	£30
Overlays/Extensions/Gels/French & Colours	£30
Rebalance/Soak off & Tidy	£20
Sparkles – each nail	£1
Jessica Pedicure – treatment	£23
Jessica Pedicure – with polish	£26
Jessica Pedicure – french	£28
Jessica Pedicure – luxury	£36
Sixtus Pedicure – treatment	£22
Sixtus Pedicure – with polish	£25
Sixtus Pedicure – french	£27
Sixtus Pedicure – luxury	£35
Nail tidy and repolish – 20 mins	£12
Manicure and Pedicure treatment	£40
Manicure and Pedicure with polish	£45
Manicure and Pedicure – french	£49
Manicure and Pedicure – luxury	£65

Guys Grooming

Caci microdermabrasion/FuturTec	£45
Dermalogica Facial	£30
Hands and Nails	£20
Feet and Nails	£25
Body Scrub	£28
Body Massage	£38
Relaxation Back Massage	£21
Remedial Back Massage	£26
Scrub and Massage	£58
Waxing – Back or Chest	£16
Eyebrows	£6.75

Home Visit

By arrangement	treatment cost plus minimum £6
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